

# Trail Trekker Quick Start Guide



## 1. Select

- **Pick a Hike** – The goal is to have each cub go on all of the Trail Trekkers. Pick one that the pack hasn't done in a while.
- **The Perfect Day** – Doesn't exist! Pick a day that works for you. People will miss it, it's okay. Schedule more hikes, they might make those!
- **Trail Trekker Grid** – The back of this page has a helpful grid that provides info about each Trail Trekker.



**Remember:** The best way to ensure all cubs go on every hike is to provide opportunities. Plan more hikes! Having at least one a month is a good target for every pack.

## 2. Signup

- **Calendar** – Put the hike on the pack calendar and notify the families. Scheduling in advance is great, but a spontaneous outing can be fun too!
- **RSVPs** – On the day of the hike, if you know who is coming, you know if you need to wait or start. Scoutbook has built-in RSVP, if you use it.
- **Six Essentials** – When notifying the pack, remind families to come to the hike with the Cub Scout Six Essentials!



**Tip:** Our pack creates a WhatsApp group for the specific hike. We share the link and assuming anyone joining the group will attend the hike. We then use it to communicate on the day of the hike.



## 3. Hike

- **Keep Together** – The cubs will usually move faster than the parents. Put an adult in front and set the rule that no one passes that adult.
- **Take Breaks** – Give a chance for the people at the end to catch up. Make sure the cubs are drinking enough water.
- **Disperse the Parents** – Parents will gather in the back and take a leisurely walk. Encourage them to walk with the cubs for added safety.
















**Remember:** Each cub should have a first aid kit as part of the six essentials. Make sure to bring one yourself, though. In fact, having a little extra of all essentials is a great idea. People forget sometimes.

## 4. Recognize and Repeat

- **Patches** – Pick up the patches at the trading post at the Council office. Ideally, pick these up before the hike. Have some extra just in case.
- **Recognize** – If you have the patches on the day of the hike, hand them out at the end of the hike. If not, do this at the next pack meeting.
- **Congratulations!** – You got the cubs in your pack outdoors enjoying the beauty of the Bay Area! Now, do it again!



**Tip:** Keep in mind that as long as you get these cubs out on a trail, you were successful! They will have fun and their parents will be immensely grateful to you for organizing this.

| Trail Trekker Name                       | Starting Point                        | Address                                      | Distance  | Time      | Grade                                | Suggested Age   | Suggested Season              |
|--|---------------------------------------|--|-----------|-----------|--------------------------------------|---|-------------------------------|
| Angel Island State Park                  | Island Ferry Docks                    | 21 Main St, Belvedere Tiburon, CA 94920      | 5 miles   | 2 hours   | Easy to moderate                     |    | Spring, summer                |
| Black Diamond Regional Park              | Black Diamond Mines Upper Parking Lot | Pittsburg, CA 94565                          | 3.5 miles | 2-3 hours | Moderate                             |    | Fall, spring                  |
| Coyote Hills Regional Park               | Visitor Center                        | 8000 Patterson Ranch Rd Fremont, CA 94555    | 4 miles   | 2-3 hours | Easy to moderate                     |    | Fall, spring, summer          |
| Flag Hill                                | Visitor Center                        | 1895 Geary Rd Sunol, CA 94586                | 3.5 miles | 3 hours   | Moderate                             |    | Fall, spring, summer          |
| Hoot Owl Livermore                       | Ranger's discretion                   | Livermore, CA                                | 1.5 miles | 2 hours   | Easy                                 |    | Spring, summer                |
| Hoot Owl Fremont                         | Ranger's discretion                   | Fremont, CA                                  | 1.5 miles | 2 hours   | Easy                                 |    | Spring, summer                |
| Huckleberry Botanic Preserve             | Parking lot                           | 7087 Skyline Blvd Oakland, CA 94611          | 1.7 miles | 2 hours   | Moderate                             |   | Spring, summer                |
| Little Yosemite (Alameda Creek Overlook) | Visitor Center                        | 1895 Geary Rd Sunol, CA 94586                | 4.5 miles | 3 hours   | Easy to moderate                     |  | Fall, spring, summer          |
| Morgan Territory Regional Preserve       | Morgan Territory Road Staging Area    | 9401 Morgan Territory Rd Livermore, CA 94551 | 7 miles   | 3-4 hours | Moderate                             |  | Spring, summer                |
| Redwood Creek                            | Canyon Meadow Staging Area            | Oakland, CA 94619                            | 6 miles   | 2 hours   | Mostly easy one steep climb          |  | Spring, summer                |
| Rodeo Lagoon                             | Visitor Center                        | 1383 Field Rd Mill Valley, CA 94941          | 1.5 miles | 1 hour    | Easy                                 |  | Year round                    |
| Sycamore Grove                           | Parking lot                           | 1051 Wetmore Rd Livermore, CA 94550          | 4.8 miles | 3-4 hours | Easy                                 |  | Year round                    |
| Wildcat Peak                             | Parking lot                           | 1500 Central Park Dr Berkeley, CA 94708      | 2.5 miles | 2 hours   | Moderate, steep grades near the peak |  | Year round, except after rain |